

HEILBRON Kliniek - Recognizing abuse and neglect

The first step in helping abused or neglected children is learning to recognize the signs of child abuse and neglect. The presence of a single sign does not prove that child abuse is occurring in a family; however, when these signs appear repeatedly or in combination you should take a close look at the situation and consider the possibility of child abuse.

The following sign may signal the presence of child abuse or neglect:

THE CHILD

- Shows sudden changes in behaviour or school performance.
- Has not received help for physical or medical problems brought to the parents attention.
- Has learning problems (or difficulty concentrating) that cannot attributed to specific physical or psychological causes.
- Is always watchful, as though preparing for something bad to happen.
- Lacks adult supervision.
- Is overly compliant, passive and withdrawn.
- Comes to school or other activities early, stays late and does not want to go home.

THE PARENT

- Shows little concern for the child.
- Denies the existence of - or blames the child for the child's problems in school or at home.
- Asks teachers or other caretakers to use

harsh physical discipline if the child misbehaves.

- Sees the child as entirely bad, worthless or burdensome.
- Demand a level of physical or academic performance the child cannot achieve.

THE PARENT AND THE CHILD

- Rarely touch or look at each other.
- Consider their relationship entirely negative,

TYPES OF ABUSE

The following are some signs often associated with particular types of child abuse and neglect; physical abuse, neglect, sexual abuse, and emotional abuse. It is important to note, however these types of abuse are more typically found in combination than alone. A physically abused child, for example, is often emotionally abused as well, and a sexually abused child also may be neglected.

CONSIDER THE POSSIBILITY OF PHYSICAL ABUSE WHEN THE CHILD:

- Has unexplained burns, bites, bruises, broken bones or black eyes.
- Has fading bruises or other marks noticeable after an absence from school.
- Seems frightened of the parents and protests or cries when it is time to go home.
- Shrinks at the approach of adults.

CONSIDER THE POSSIBILITY OF NEGLECT WHEN THE CHILD:

- Is frequently absent from school.

- Begs or steals food or money.
- Lacks needed medical or dental care, immunizations or glasses.
- Is consistently dirty and has severe body odour.
- Lacks sufficient clothing for the weather.
- Abuses alcohol or other drugs.
- States that there is no one at home to provide care.

CONSIDER THE POSSIBILITY OF SEXUAL ABUSE WHEN THE CHILD:

- Has difficulty walking or sitting.
- Suddenly refuses to change for gym or to participate in physical activities.
- Reports nightmares or bed wetting.
- Experience a sudden change in appetite.
- Demonstrates bizarre, sophisticated or unusual sexual knowledge or behaviour.
- Becomes pregnant or contracts a venereal disease particularly if under age 14.
- Runs away.
- Reports sexual abuse by a parent or another adult caregiver.

CONSIDER THE POSSIBILITY OF SEXUAL ABUSE WHEN THE PARENT OR OTHER ADULT CAREGIVER:

- Is unduly protective of the child or severely limits the child's contact with other children especially of the opposite sex.
- Is secretive and isolated.
- Is jealous or controlling with family members.

SIGNS OF EMOTIONAL MALTREATMENT WHEN THE CHILD:

MENT WHEN THE CHILD:

- Shows extremes in behaviour, such as overly compliant or demanding behaviour, extreme passivity or aggression.
- Is either inappropriately adult (parenting other children, for example) or inappropriately infantile (frequently rocking or head banging for example).
- Is delayed in physical or emotional development.
- Has attempted suicide.
- Reports a lack of attachment to the parent.

CONSIDER THE POSSIBILITY OF MALTREATMENT WHEN THE PARENT OR OTHER ADULT CAREGIVER:

- Constantly blame, belittles, or berates the child.
- Is unconcerned about the child and refuses to consider offers of help for the child's problems.
- Overtly rejects the child.

If you do suspect a child is being harmed, reporting your suspicions may protect the child and get help for the family, Contact your local child protective services agency or police department.

HELP LINES

Child Victims of sexual, emotional and physical abuse - 0800 035 553.

CHILD LINE - 0800 055 555.



HEILBRON HERALD, VRYDAG 8 JULIE 2019
GIG OPEN SY DEURE - Adriaan Smit het op 1 Julie 'n nuwe rekenaarwinkel, Gig Technologies, geopen. Behalwe vir rekenaar herstelwerk verkoop hy ook parte en rekenaars en kan mense gerus by Villa Rosa inloer waar sy winkel is, of as hulle sommer net raad nodig het.

Briewe aan: *Redakteur*

Die volgende skrywe is ontvang van *Heléne Howell van Huis Bron-van-Heilgerig aan die redakteur.*

Die invloed wat ons op ander se lewenskoers het, is 'n skrikwekkende verantwoordelikheid. Ons krenk sonder nadenke. Ons kan met een onbedagsame woord of daad die lewe van 'n medemens onherroeplik van koers af bring. Ons kan Jesus daagliks met ons voorbeeld verloor. Ons wat Christus bely, moet Christus met die daad bewys. Ons mag die verkondiging van sy liefde, genade en soendood nie onteer deur die lewe wat ons lewe nie. Lewers, elke dag langs die pad, sien ons broer ons. Hy kyk na ons en ons moet sorg dat wat hy sien sy geloof en sy respek ver-

sterk. Ons lewe is die spieël van ons binne, van ons belydenis en van ons geloof. Om die Genade van God se liefde waardig te wees, om Sy liefde te verkondig soos Hy ons beveel, moet ons biddend en verantwoordelik lewe sodat ons nie ons broer dalk swakker as ons is, die afgrond afstuur nie.

Bron: Uit Petrus Steyn se Lewende Lote in 2011. Bygedra deur Thea Schutte.

Baie dankie aan almal vir bydrae en al die werkers, verbonde aan die "Teerprojek". Ai, dit beteken baie vir ons motoriste dat die gate in die strate toegemaak word. Ek waardeer baie, vir almal daarby betrokke. Baie dankie dat julle só omgee. - Heléne Howell

		3			4	9	8	6
6	4	5	3	9		1	2	7
8	9						4	3
3		9	2		5	4		1
		2	4		9	7		8
	7	4		6	1		3	9
2			7	5		6		
			1		2	8	7	5
4						3		2

SUDOKU - Each grid is made up of nine columns by nine rows. This grid is then divided into groups of nine boxes giving a total of nine blocks. Each of these nine blocks must have the numbers 1 to 9 placed in them, but here is the catch - no row and no column can have any number repeated so your job is to place the numbers in the boxes without repetition in the rows and columns.

Is jy **JAG** gereed?

Kepse, hemde en meer NOU beskikbaar

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