

Salon Zinadri ontvang toekenning

Salon Zinadri, Haarversorging en Skoonheidsalon blink uit vir die tweede opeenvolgende jaar met die "Kadus Retailer of the year" toekenning. Hierdie toekenning is ontvang deur Driekie Flemming, bekende haarkapper in Sesdestraat, op 1 September 2019 by Emperors Palace.

Om hierdie prys te verwerf moes Salon Zinadri hard werk om die meeste Kadus produkte deur die salon te laat sirkuleer vir 2019. Hierdie 2 toekennings is maar nog net die begin van wat hierdie salon vir die toekoms beplan.



Patrick Cameron, Driekie Flemming, Leonard Watts en Chris Stoiber, CEO van Wella Suid-Afrika.



Driekie Flemming en Theo Reinders area-bestuurder vir Modern Hair.

Dienssentrum lede se kennis getoets



Vandag was die Dienssentrumlede se kennis getoets deur 'n verva wat gehou is. Die onderwerp vir die dag het gehandel oor karre en klere. Dit was 'n heerlike uitdaging en kostelike antwoord het uitgekom. Dit is verseker dat elkeen iets nuuts geleer het op hierdie dag. Volgende week gaan dit oor gifstowwe in ons lywe. Op die foto: Sue van der Westhuizen, Caryl Loots, Sharky Kühn, Rita Hoffman, Issie Bührmeister, Blondie Struwig, Rita Groenewald, Annatjie van Aardt, Willie van Tonder en Magdaleen van Rensburg.

Cansa on the move for the youth

• Heilbron Clinic

Did you know?

- Childhood cancer is not transferable. 77% of childhood cancers can be treated successful if detected early
- Most cases of childhood cancer have generic causes
- Children have a right to a smoke-free world – tobacco and secondhand smoke is harmful for children
- Use of Hubbly Bubbles are more harmful than smoking of regular cigarettes
- Play it safe in the sun – only two blistering sunburns can result in skin cancer later in life
- Balanced lifestyle – regular exercise and a diet consisting of as many fruit and vegetables as possible can reduce the risk of cancer

WARNING SIGNS for childhood cancer

- C - Continued, unexplained weightloss
- H - Headaches, often with vomiting, at early night / early morning
- I - Increase swelling or pain in bones, joints, back and legs
- L - Lump/mass in abdomen, neck, chest, pelvis or armpits
- D - Development of excessive bruising, bleeding or rashes
- C - Constant infections
- A - A whitish persists or vomiting without nausea
- C - Constant tiredness or noticeable paleness
- E - Eyes or vision changes – occur suddenly and persists
- R - Recurrent fevers of unknown origin

Raak deel van ons lekker-lees gemeenskaps-koerant en stuur vir ons jou foto's van mylpale wat bereik is, asook ander aktiwiteite. Ons plaas dit graag. Vir enige nuus wat jy graag met die lezers wil deel, kontak Silma kantoorure by 058 852 3033.

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KOM WYS JY IS TROTS
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WERELBEKER T-HEMPDE
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BESTEL NOU S - 5XL
GROEN OF PIENK
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WEES OP 13 SEPTEMBER BY

Heilbron Herald